



# Respite Programs

## Participants will learn:

- Increase their knowledge of Respite services
- Learn how to access Respite services

## Presenter:

**Tammy Foster**  
Lifespan Manager with the  
Illinois Respite Coalition (IRC)

Tammy has been with the IRC since July 2023. She has spent most of her professional career as an Early Childhood Special Education Teacher. She has an EdM in Early Childhood Special Education and IECMHC credential (Infant Early Childhood Mental Health Consultant).

**February 11, 2025**

**12:00-1:00 p.m.**

**VIRTUAL WEBINAR**

**QUESTIONS?**

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**SCAN  
TO REGISTER**



There will be electronic captioning in Spanish available.

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